



Feedback from Healthy Christchurch Workshops.

Please find attached the list of proposed projects, notes and contact lists from both meetings.

The workshops were very successful, with over 120 people attending. Each workshop broke into small groups to identify potential projects according to 10 themes – Environmental; Child and Family; Mental Health; Te Tiriti; Youth; Injury Prevention; Communication, Networking and Research; Poverty and Social Inclusion; Employment; and Health Promotion.

Groups also noted that

- Projects need to be well set up and evaluated.
- Projects need to involve 'consumers' from the earliest planning stages.
- Process is more important than project.
- Healthy Christchurch has a crucial networking role.
- Projects need to start small, evaluate and then expand, while maintaining a 'global overview'.

Signatory Hui

The first meeting for all organisations who have signed the Healthy Christchurch charter will be on **Wednesday 20th November, from 9.30-11.30** at the **Christchurch Netball Centre, 455 Hagley Avenue (South Hagley Park)**. Hui will be held every six months and will be a good chance to get an overview of the Healthy Christchurch initiative and make contact with your fellow charter signatories.

Projects – where to from here?

There are a large number of projects proposed, with some being more 'fleshed out' than others. Each project will have a first meeting of interested people, where the project will be developed into a formal project plan, including attention to Treaty relationships, evaluation components and measures for success. If some projects are not feasible at this stage, the idea will be put on hold for the present but raised again at a later hui. **If you or your agency wants to be involved in a project, or has concerns (about duplication or anything else) please contact Lucy or Olivia at Healthy Christchurch – HealthyChristchurch@ccc.govt.nz or 371 1 057**

Healthy Christchurch Website and the digital divide

The website address is www.ccc.govt.nz/HealthyChristchurch and is run by the City Council web team, as part of Council's contribution to the Healthy Christchurch initiative. We are committed to making this a useful website, where people can get updated on projects and events. However, we are also aware that around 9% of the groups signing the charter have no e-mail access, so we are equally committed to ensuring that all information is available to all groups. Please bear with us as we set up our systems and please let us know if you are hearing from us too much or not enough. To save resources, we will use e-mail as much as possible, so if you have given us an e-mail address, this is how we will contact you unless you specify otherwise.

Directories, Databases and Networks

A recurring theme in both workshops was the need for smarter networking/information sharing between groups, both within Healthy Christchurch and citywide.

In response to this, Healthy Christchurch will be developing its own contact list and website links to include a directory of members. Thanks to those of you who have already returned the information questionnaire which will help us in this task.

On a wider scale, groups may be interested to know that the CINCH database, available through the libraries, has been updated and may well cover many of the requirements outlined by the various suggestions for improved directories/databases. We will look more fully at these ideas later in the year. Since we want to avoid duplication of time and resources, Healthy Christchurch may be best to work with CINCH and the Local Eye Project to ensure that they meet the needs of Healthy Christchurch groups. For example, some directories are already available on line through CINCH and these can be printed out easily through the library for groups who don't have access to computers.

Heart of the Community

A major meeting on all aspects of cardiovascular disease and its impact on Christchurch will be held on Thursday 14th November. Please look out for your invitation. Heart disease is a major killer in Aotearoa and we will only be able to beat it by focusing on all aspects of the problem so whether your general focus is on poverty, nutrition, physical exercise, family life, workplace stress, culture, primary care or environment issues, we hope that you will come and share your views.

Information from Healthy Christchurch groups

We are happy to distribute information between charter signatories but in the interest of the environment and not overwhelming people with information, we would prefer to put things on the website:-

www.ccc.govt.nz/HealthyChristchurch

Organisations who are not on-line will receive all information by post.

Volunteering Canterbury has produced a briefing paper for the new Minister for the Voluntary Sector, Tariana Turia. It is on the website Please contact Volunteering Canterbury with any comments.

Aranui Renewal Project has asked us to publicise their community event, AFFIRM, to be held on December 7th. Please contact Gill or Rachel if your group would like to be involved.

Energy Future Christchurch is a concept to form a forum of interested organisations to look at present and future energy issues in (greater) Christchurch. The convenor, John Noble of Christchurch Power Consumers' society, is in the process of identifying organisations who would like to be involved in working on issues such as air pollution and potential electricity shortages. Please contact him if your group is interested
JohnNoble@clear.net.nz

Posters

The Healthy Christchurch posters are now available, featuring the charter framed by a beautiful painting by local artist, Jenny Rendall.

Please let us know how many copies you need via 3711 057 or HealthyChristchurch@ccc.govt.nz